



October 2024 Memory Care Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		<p>8:30 MC Coffee and Tea Time 9:30 SS Balloon Toss 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 MC Sing A Long 11:00 SK Bingo 11:30 SK Jingle Jumble 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Staff Appreciation: Aroma Sachet 3:30 ◇ Group Puzzles 4:00 MC Garden Rocks 4:00 FB Relax: Meditation 6:30 LI Weekday Worship: Favorite Hymns 7:00 FB Timeless Melodies Choir Club</p>	<p>Hair Salon Open 8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Sports Moves 10:00 SS Infusion Bar 10:30 ++ Musical Ball Toss 11:30 SK The Letter Game 12:30 SK Brain Games 1:00 ★ Sensory Awareness 2:00 FB Calming Coloring 2:00 GB Washing dishes 4:00 MC Birthday Bash 4:00 FB Relax: Meditation 6:30 LI Sentimental Serenity 7:00 FB Chapter Chat</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Baget Golf 9:30 VB Morning Devotional 10:00 SS Infusion Bar 11:00 MC A Good World Of News 11:30 SK Zip, Zap, Zop 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 1:00 MC Spooky Hot Cocoa 2:00 VB Calming Coloring 2:00 GB Folding towels 2:30 MC Prize Bingo 3:30 FB Easy Listening Relaxing Tunes 4:00 MC Intergenerational Programming 4:00 FB Relax: Meditation 6:30 LI Tablet for relaxation</p>	<p>8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Seated Soccer / "Football" 10:00 SS Infusion Bar 10:30 SK Bingo 11:00 ++ Fancy Feet Friday 11:30 SK Word Storm 1:00 MC Creative corner: Spider Web Pretzels 1:00 MC Trips and Travels 2:00 GB Pinch Pot Pottery 2:00 VB TGIF Social 3:30 LI Sing Along 4:00 FB Relax: Meditation 4:00 MC Uncorked 6:30 LI Daily Devotions 7:00 SK Montessori Life</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Aqua Toss 10:00 SS Infusion Bar 10:00 ◇ Jigsaw Puzzles 10:30 SS Morning Exercise 11:30 SK A World of Good-News 1:00 MC Be Our Guest 2:00 ++ Indoor/Outdoor Games 2:00 GB Puzzle Club 4:00 MC Fruit of the Month Club 6:30 LI Meditation Circle 7:00 SK Pass the Popcorn</p>	<p>"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down." — Mary Pickford</p> 
<p>8:30 MC Coffee and Tea Time 9:30 SS TacTic Toss 10:00 SS Infusion Bar 10:30 SS Morning Exercise 11:30 SK National Gallery of Art: Washington DC Virtual Visit 2:00 ◇ Matching Games 2:00 GB World of Color 3:30 VB Sundays at the Movies 4:00 MC Green Thumb Gardeners 6:30 LI Mindfulness Meditation 7:00 LI Church Gathering and Worship</p>	<p>8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Rocking and Rolling 10:00 SS Infusion Bar 10:30 ♥ Manicure Monday 11:30 SK National Museum of Modern and Contemporary Art: Korea Virtual Tour 12:30 ◇ Group Trivia 1:00 ★ Sensory Awareness 2:00 SS Exercise 2:00 MC Movie Monday: Let's Grab A Snack 2:00 GB Paint Pour 4:00 MC Cookie Decorating 4:00 FB Relax: Meditation 6:30 LI Music in Motion</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Badminton 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 MC Morning Sing A Long 11:30 SK Putting a puzzle together 12:30 SS Calming Coloring 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 MC Music with Kathy 2:00 GB Stamp Art 3:30 ◇ Group Puzzles 4:00 MC Favorite Song-Sing-A-Long 4:00 FB Relax: Meditation 6:30 LI Chicken Soup for the Soul 7:00 FB Timeless Melodies Choir Club</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Chair Dance 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 SK Bingo 11:00 ++ Noodle Balloon Tennis 11:30 SK Clap, Clap 12:30 SK Brain Games 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Scented dough claytonary 4:00 MC Freerice 4:00 FB Relax: Meditation 6:30 LI Prayer or group spiritual reading 7:00 FB Chapter Chat</p>	<p>8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Sittercise 10:00 SS Infusion Bar 10:30 MC Music to My Ears 11:00 MC A Good World Of News 11:30 SK History of Film 12:30 SK Brain Games 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Crafty Club: Newspaper Florals 2:30 MC Prize Bingo 3:30 FB Easy Listening Relaxing Tunes 4:00 MC Picnic Party 4:00 FB Relax: Meditation 6:30 LI Meditation Circle</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Bocce Ball 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 SK Let's Get Creative: Fall Trees 11:00 ++ Fancy Feet Friday 11:30 SK Spelling Tray Day 1:00 MC German Pretzel Tasting 1:00 ★ Sensory Awareness 1:00 MC Trips and Travels 2:00 GB Cooking Club: Smooth Moves 2:00 VB TGIF Social 3:30 LI Sing Along 4:00 FB Relax: Meditation 4:00 MC Uncorked 6:30 LI Weekday Worship: Favorite Hymns 7:00 SK Montessori Life</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Home Stretch Derby 10:00 MC Fuzzy Therapy Horses 10:00 SS Infusion Bar 10:00 ◇ Jigsaw Puzzles 10:30 SS Morning Exercise 11:30 SK A World of Good-News 1:00 MC Be Our Guest 2:00 ++ Indoor/Outdoor Games 2:00 GB Puzzle Club 4:00 MC Armchair Travel: Ireland 6:30 LI Daily Devotions 7:00 SK Pass the Popcorn</p>	
<p>8:30 MC Coffee and Tea Time 9:30 SS Frisbee Golf 10:00 SS Infusion Bar 10:30 SS Morning Exercise 11:30 SK Poetry Pals 2:00 ◇ Matching Games 2:00 GB World of Color 3:30 VB Sundays at the Movies 4:00 MC Green Thumb Gardeners 6:30 LI Music in Motion 7:00 LI Church Gathering and Worship</p>	<p>Columbus Day 8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Volleyball 10:00 SS Infusion Bar 10:30 ♥ Manicure Monday 11:30 SK Grocery Game 12:30 ◇ Group Trivia 1:00 ★ Sensory Awareness 2:00 SS Exercise 2:00 MC Movie Monday: Let's Grab A Snack 2:00 GB Veterans celebration 4:00 MC Bird scaping: Attracting and Recognizing your Native Birds 4:00 FB Relax: Meditation 6:30 LI Chicken Soup for the Soul</p>	<p>8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Octaband 10:00 MC Fall Door Wreaths w/ Hearth Hospice 10:00 SS Infusion Bar 10:30 SK Button trees 12:30 SS Calming Coloring 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 1:00 MC Tasty Corner: Fall Chex Mix 2:00 VB Calming Coloring 2:00 GB Planning a parade float 3:30 ◇ Group Puzzles 4:00 MC Happy Trails 4:00 FB Relax: Meditation 6:30 LI Tablet for relaxation 7:00 FB Timeless Melodies Choir Club</p>	<p>Hair Salon Open 8:30 MC Coffee and Tea Time 9:30 SS Baget Baseball 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 SK Bingo 11:30 SK Creating firework art 12:30 SK Brain Games 1:00 SK Pumpkin Painting 1:00 ★ Sensory Awareness 2:00 FB Calming Coloring 2:00 GB Soft pretzels 4:00 FB Relax: Meditation 4:00 MC Seasonal Celebration 6:30 LI Sentimental Serenity 7:00 FB Chapter Chat</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Bowling 9:30 VB Morning Devotional 10:00 SS Infusion Bar 11:00 MC A Good World Of News 11:30 SK Name That Job 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 1:00 MC Tasty Treat: Pumpkin Spice Latte 2:00 VB Calming Coloring 2:00 GB Get Crafty Welcome Sign 2:30 MC Prize Bingo 3:30 FB Easy Listening Relaxing Tunes 4:00 MC I Love Lucy 4:00 FB Relax: Meditation 6:30 LI Mindfulness Meditation</p>	<p>Wear Flannel 8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Morning Stretch 10:00 SS Infusion Bar 10:30 SK Fact Or Fiction 11:00 ++ Fancy Feet Friday 11:30 SK Remember When 1:00 MC Creative Corner: Apple Teeth 1:00 ★ Sensory Awareness 1:00 MC Trips and Travels 2:00 GB Bookworm 2:00 VB TGIF Social 3:30 LI Sing Along 4:00 FB Relax: Meditation 4:00 MC Uncorked 6:30 LI Prayer or group spiritual reading 7:00 SK Montessori Life</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Seated Qigong Tai Chi and Yoga 10:00 SS Infusion Bar 10:00 ◇ Jigsaw Puzzles 10:30 SS Morning Exercise 11:30 SK A World of Good-News 1:00 MC Be Our Guest 2:00 ++ Indoor/Outdoor Games 2:00 GB Puzzle Club 4:00 MC Painting watercolor dreidels 6:30 LI Weekday Worship: Favorite Hymns 7:00 SK Pass the Popcorn</p>	
<p>8:30 MC Coffee and Tea Time 9:30 SS Croquet 10:00 SS Infusion Bar 10:30 SS Morning Exercise 11:30 SK Word Search with Friends 2:00 ◇ Matching Games 2:00 GB World of Color 3:30 VB Sundays at the Movies 4:00 MC Green Thumb Gardeners 6:30 LI Chicken Soup for the Soul 7:00 LI Church Gathering and Worship</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Irish Chair Dance 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 ♥ Manicure Monday 11:30 SK Finish The Phrase Game 12:30 ◇ Group Trivia 1:00 ★ Sensory Awareness 2:00 SS Exercise 2:00 MC Movie Monday: Let's Grab A Snack 2:00 GB Scratch and Design 4:00 FB Relax: Meditation 4:00 MC Resident Spotlight: My History 6:30 LI Tablet for relaxation</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Mimicked stretching 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 MC Morning Sing A Long 11:30 SK Name that noise 12:30 SS Calming Coloring 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Creature Craft 2:00 MC Music with Kathy 3:30 ◇ Group Puzzles 4:00 FB Relax: Meditation 4:00 MC Welcome Wagon 6:30 LI Sentimental Serenity 7:00 FB Timeless Melodies Choir Club</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Kickball 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 SK Bingo 11:00 ++ Balloon Tennis 11:30 SK Master Minds 12:30 SK Brain Games 1:00 ★ Sensory Awareness 2:00 FB Calming Coloring 2:00 GB Sand and Surf 4:00 MC Flag-colored parfaits 4:00 FB Relax: Meditation 6:30 LI Prayer or group spiritual reading 7:00 FB Chapter Chat</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Basketball 9:30 VB Morning Devotional 10:00 SS Infusion Bar 11:00 MC A Good World Of News 11:30 SK Feel and Find 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Collaborative Fairy Garden 2:30 MC Prize Bingo 3:30 FB Easy Listening Relaxing Tunes 4:00 MC Cooking Club: French Cuisine 4:00 FB Relax: Meditation 6:30 LI Music in Motion</p>	<p>Wear Candy Corn Colors 8:30 MC Coffee and Tea Time 9:30 SS Bag Toss 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 SK Bookmark Making 11:00 ++ Fancy Feet Friday 11:30 SK High Tea 1:00 ★ Sensory Awareness 1:00 MC Trips and Travels 2:00 GB Nursing Life Station 2:00 VB TGIF Social 3:30 LI Sing Along 4:00 FB Relax: Meditation 4:00 MC Uncorked 6:30 LI Mindfulness Meditation 7:00 SK Montessori Life</p>	<p>8:30 MC Coffee and Tea Time 9:30 SS Weight training 9:30 SS Infusion Bar 10:00 ◇ Jigsaw Puzzles 10:30 SS Morning Exercise 11:30 SK A World of Good-News 1:00 MC Be Our Guest 2:00 ++ Indoor/Outdoor Games 2:00 GB Puzzle Club 4:00 MC Wheel of Fortune 6:30 LI Meditation Circle 7:00 SK Pass the Popcorn</p>	<p>Please be aware that Calendar and activities are subject to change.</p>
<p>8:30 MC Coffee and Tea Time 9:30 SS Meditation and Relaxation 10:00 SS Infusion Bar 10:30 SS Morning Exercise 11:30 SK Higher or Lower 2:00 ◇ Matching Games 2:00 GB World of Color 3:30 VB Sundays at the Movies 4:00 MC Green Thumb Gardeners 6:30 LI Daily Devotions 7:00 LI Church Gathering and Worship</p>	<p>Wear Orange 8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Sit and Be Fit 10:00 SS Infusion Bar 10:30 ♥ Manicure Monday 11:30 SK Word Clue- fill in the blank 12:30 ◇ Group Trivia 1:00 ★ Sensory Awareness 2:00 GB Dinner Party name cards 2:00 SS Exercise 2:00 MC Movie Monday: Let's Grab A Snack 4:00 MC Go Team- Sports Hour 4:00 FB Relax: Meditation 6:30 LI Mindfulness Meditation</p>	<p>Wear Black 8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Shaker Dancing 10:00 SS Infusion Bar 10:00 MC Morning Sing Along Tunes 11:30 SK Group Imagination 12:30 SS Calming Coloring 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Community Store 3:30 ◇ Group Puzzles 4:00 MC Armchair Travel: France 4:00 FB Relax: Meditation 6:30 LI Prayer or group spiritual reading 7:00 FB Timeless Melodies Choir Club</p>	<p>Hair Salon Open 8:30 MC Coffee and Tea Time 9:30 SS Ageless Grace 9:30 VB Morning Devotional 10:00 SS Infusion Bar 10:30 ++ Morning Stretches 11:00 SK Germany Facts 11:30 SK Word Search 12:30 SK Brain Games 1:00 ★ Sensory Awareness 2:00 FB Calming Coloring 2:00 GB "Weaving" a basket for first responders 4:00 MC Wacky Weeding 4:00 FB Relax: Meditation 6:30 LI Meditation Circle 7:00 FB Chapter Chat</p>	<p>Halloween Wear A Costume 8:30 MC Coffee and Tea Time 9:30 VB Morning Devotional 9:30 SS Table Ball / Table Pong 10:00 SS Infusion Bar 11:00 MC A Good World Of News 11:30 SK Breaking Bread 12:30 SS Sit-ercise 1:00 ★ Sensory Awareness 2:00 VB Calming Coloring 2:00 GB Office Life Station 2:30 MC Prize Bingo 3:30 FB Easy Listening Relaxing Tunes 4:00 FB Relax: Meditation 4:00 MC Riddle Me This 6:30 LI Weekday Worship: Favorite Hymns</p>	<p>Resident Birthdays Mattie C. 10/6 Cloydia D. 10/10 Margaret R. 10/12 Helen R. 10/13 Carol S. 10/14 Fred Y. 10/28 Alvie S. 10/31</p>	<p>FB *Find Balance GB *Give Back LI *Live Inspired MC *Maintain Connections SK SS *Stay Strong ♥ Emotional ++ Physical ★ Purposeful VB Social VB Spiritual</p>	